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# SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY SAULT STE. MARIE, ONTARIO

#### COURSE OUTLINE

NURSING THEORY II

COURSE TITLE:

RNA 203-6 TWO

CODE NO: SEMESTER:

NURSING ASSISTANT

PROGRAMME:

DEBBIE SARGENT

AUTHOR:

JANUARY, 1995 **JAN/94** 

DATE: PREVIOUS OUTLINE DATED:

APPROVED:

DATE T F · /

NURSING THEORY II

RNA 203-6

Course Name Course Code

TOTAL CREDIT HOURS: 90 (87+3 SL)

PREREQUISITE(S): RNA 103, RNA 104, BIO 104

#### I. PHILOSOPHY/GOALS;

This course is designed to build on the student's knowledge of the nursing process and its application. Common health problems encountered across the lifespan will be discussed related to long-term and short-term care settings. The role of the Nursing Assistant will be considered from two aspects: those tasks delegated by the Registered Nurse, and those nursing interventions which she performs independently.

#### II. STUDENT PERFORMANCE OBJECTIVES:

#### Upon successful completion of this course the student will:

- 1. Define key terms necessary to the RNA role
- 2. identify common biopsychosocial problems in each of Roy's 4 modes.
- 3. apply the nursing process to clients with alterations in adaptation.
- 4. have knowledge of the stimuli which may hinder the individual's ability to maintain a level of wellness.
- 5. identify nursing interventions which alter common ineffective responses.
- 6. have knowledge of the diagnostic tests & drugs associated with common health problems.
- 7. have knowledge of basic preventative and rehabilitative measures which can be taught to patient and family for the maintenance and/or improvement of wellness.
- 8. recognize the community agencies and services which are available to the individual, family and community.
- 9. have knowledge of the principles of aseptic technique.

### TOPICS TO BE COVERED:

UNIT	TITLE
XIII	Maternity Nursing Part E - Alteration in Reproduction and Sexuality
I	Introduction to Illness Part A - Person Adapting to Illness Part B - Persons Adapting to Neoplasms Part C - Self Study Unit on Pain
II	Alteration in Activity $\&$ _ Rest
III	Alterations in Endocrine Function
IV	Alterations in Carbohydrate Metabolism
v	Alteration in Elimination Part A - Skin Part B - Bowel Part C - Bladder
VI	Alteration in Fluid and Electrolyte Balance
VII	Disturbances in Self Concept Mode, Role Function Mode, Interdependence and Communication
VIII	Alteration in Oxygen and Circulation Part A - Alteration in Oxygen Part B - Alteration in Circulation
IX	Alteration in <u>Senses</u> Part A - Alteration in Sight & Hearing

WEEK	START DATE	MONDAY 3 hours			TUESDA 2 hou:		WEDNESDAY  1 hour
~1	JAN. 9-11	Intro. to Sem. 2	la	lei	lb	lb	lb"
2	JAN. 16-18	la	Ic	II	XHIe	XHIe	XHIe
3	JAN. 23-25	II	II	II	XHIe		IV
4	JAN.30-FEB.	l II	II	II	IV	IV	TEST #1
5	FEB. 6-8	VI	VI	VI	IV	IV	IV
6	FEB. 13-15	VI	VI	VIII	IV	III	III
7	FEB. 20-22	VIII	VIII	VIII	III	Va	Va
8	FEB.27-MAR.	l VIII	VIII	VIII	Va	Va	TEST #2
9	MAR. 6-8	VIII	VIII	VIII	Va	Va	Vb
	MAR. 13-15		В	R E	l A	K WE	E K
10	MAR. 20-22	VIII	VIII	VIII	Vb	Vb	Vb
11	MAR. 27-29	X	X	VII	Vb	Vb	Vb
12	APR. 3-5	VII	VII	VII	Vc	Vc	TEST #3
13	APR. 10-12	IX	IX	IX	Vc	Vc	Vc
14	APR. 17-19	XI	XI	XI	Vc	Vc	REVIEW
15	APR. 24-20	б сом	PRE	HENS	IVE	EXA	M S

#### IV. LEARNING ACTIVITIES

REQUIRED RESOURCES

See Individual Unit Objectives

### V. EVALUATION METHODS: (INCLUDES ASSIGNMENTS, ATTENDANCE REQUIREMENTS, ETC.)

#### TYPE OF TEACHING, LEARNING METHODS TO BE USED:

- reading from text, periodicals
- lectures
- group discussions/seminars
- guest speakers
- student presentations
- A.V. films, slides tapes/filmstrips, overheads, videotapes, role play, simulations

TEST #	DATE	UNITS COVERED PERCENT	OF FINAL
TEST #1	Feb. 1	la, lb, Ic, II XHIe	20%
TEST #2	Mar. 1	III, IV, VI, VIII (8 hrs)	20%
TEST #3	Apr. 5	Va, Vb, VII, VIII (5 hrs), X	25%
TEST #4	Apr. 24	All of Semester 1 & 2 content	35%
			100%

#### GRADING:

A+	90%	+	
A	80%	_	89%
В	70%	_	79%
C	60%	_	69%
I	59%	&	below

Competency level required in order to receive a passing grade: 60%. A passing grade must be obtained on the Comprehensive Exam and overall.

Attendance Rules: It is the students responsibility to attend classes (see student Handbook). If a student is absent from class arrangements must be made with a classmate to collect handouts and obtain material missed in class. Attendance will be considered for borderline grades.

### V. EVALUATION METHODS CONTINUED: (INCLUDES ASSIGNMENTS, ATTENDANCE REQUIREMENTS, ETC.)

Conduct Expectations: Students must be on time for all classes and prepared for classes. See Student Handbook re: Student Responsibilities. Student Rights and Responsibilities are addressed in the Student Handbook 1991-92.

Absence from Tests: If a student is absent for a test on the scheduled test day, the student may be required to do an alternate form of testing (essay, short answer, oral or a combination of these).

Supplemental Exam: A supplemental exam will be offered to a student who has passed at least one term test plus the comprehensive exam but has not achieved 60% overall. This exam may not be multiple choice. The supplemental exam may be attempted once only.

Evaluation of Delivery of this Course: will be week 16

#### VI. REQUIRED STUDENT RESOURCES:

Christensen, B.L. and Kockrow, E.O. Foundations of Nursing, C.V. Mosby Year Book, St. Louis, Mo., 1991

Kozier, B., Erb, G. and Olivieri, R. Fundamentals of Nursing - Concepts, Process, and Practice, 4th edition, Addison-Wesley Publishing Company, Menlo Park, California, 1991

Marieb, E.N., Essentials of Human Anatomy & Physiology, (4th Ed) Benjamin/Cummings Publishing Co. Ltd. Redwood City Ca (Don Mills, Ontario), 1991.

Marieb, E.N., The A&P Coloring Workbook: A Complete Study Guide. (4th Ed) Benjamin/Cummings Publishing Co. Ltd. Redwood City Ca (Don Mills, Ont.), 1991.

Sparks, B.M. - Taylor, C.H. <u>Nursing Diagnosis Reference Manual</u> (2nd ed.), Springhouse Publishing Co., Philadelphia, 1993

Thomas, C, Tabers Cyclopedic Medical Dictionary, (17th Ed), F.A. Davis Co., Philadelphia, 1993.

Lab Package and content from Labs

#### **OPTIONAL TEXTS:**

Matassarin-Jacovs, E. <u>Review of Practical Nursing for NCLEX-LPN</u>, W. B. Saunders Company, Philadelphia, 1992

Yannes-Ayles, M. Mosby's Comprehensive Review of Practical Nursing, 11th edition, C.V. Mosby Company, St. Louis, Mo., 1994

## VII. ADDITIONAL RESOURCE MATERIALS AVAILABLE IN THE COLLEGE LIBRARY BOOK SECTION:

Bobak, I. and Jensen, M., ESSENTIALS OF MATERNITY NURSING, 2nd edition, C.V. Mosby Company, Toronto, 1987.

Clark, J., Queener, S. and Karb, V., PHARMACOLOGY BASIS OF NURSING PRACTICE, C.V. Mosby Co., Toronto, 1990.

Hamilton, P.M. Basic Maternity Nursing, 6th edition, C.V. Mosby Company, St. Louis, Mo., 1989

Long, B. and Phipps, W. Medical-Surgical Nursing: A Nursing Process Approach, 2nd edition, C.V. Mosby Publishing Company, St. Louis, Mo., 1989

Whaley, L.F. and Wong, D.L., ESSENTIALS OF PEDIATRIC NURSING, 3rd edition, C.V. Mosby Co., Toronto, 1989

#### VIII. SPECIAL NOTES:

ALL COPIES OF TESTS AND EXAMS ARE COLLEGE PROPERTY. STUDENTS ARE NOT ALLOWED TO REMOVE COPIES FROM THE COLLEGE.

Students with special needs (eg: physical limitations, visual impairments, hearing impairments, learning disabilities) are encouraged to discuss reguired accommodations confidentially with the instructor.

The course outline is subject to change at the discretion of the teacher(s).